



# FUNA SPA

AWAKEN BODY AND SOUL





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# Welcome to Funa Spa!

Step into our world of care, where time is left at the door and a new journey begins.

Feeling stressed or tired?

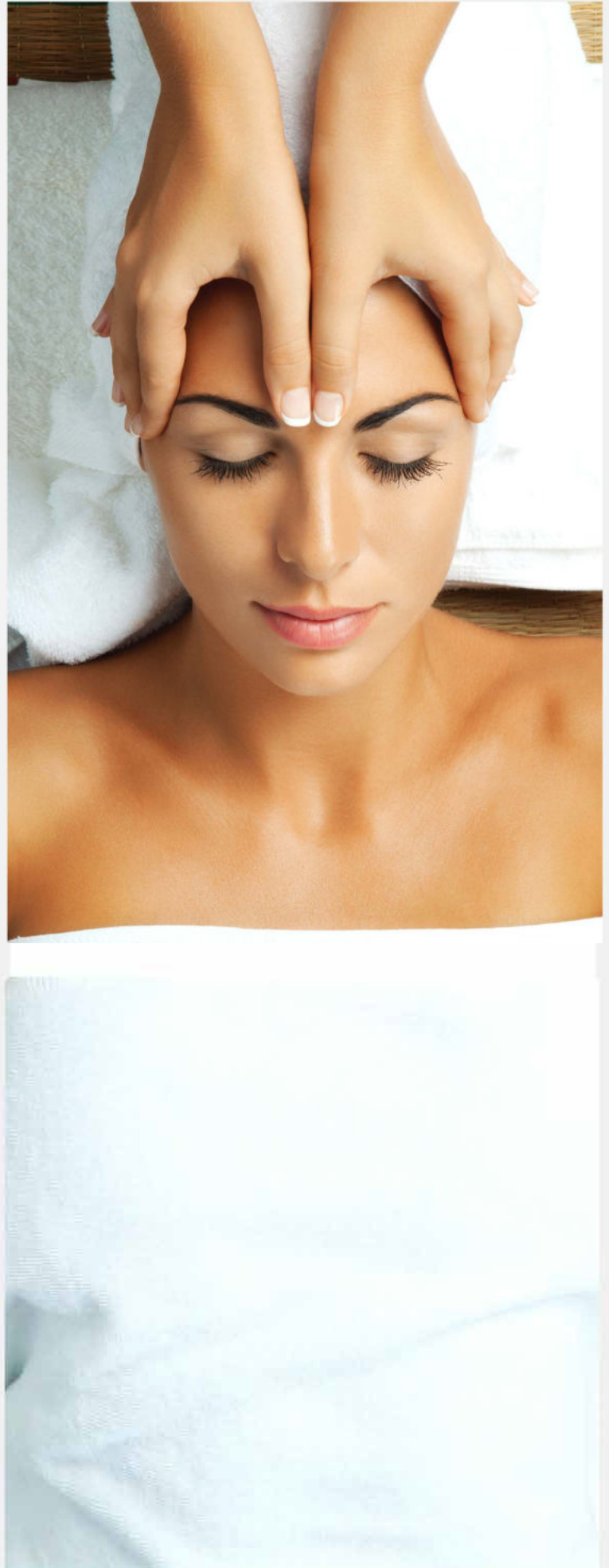
Want to re-charge your energy, rejuvenate body and mind?

At Funa Spa we have created the beauty of Alexander Laurel wood (*Calophyllum inophyllum* L), local Dhivehi name is 'FUNA', The name of the genus *Calophyllum* means "beautiful leaf", from the Greek kalos (beautiful) and phullon(leaf). The tree is indigenous to Dhigufaru Island Resort. Plants of healing, touch and aroma, to promote within you a deep sense of calm, joy and serenity.

Experience the balance between inner and outer beauty that brings a feeling of contentment. Drift away with a combination of oriental traditions and modern skin care in our nurturing and inspiring ambience. Our professional and caring team provides holistic spa treatments with a high-touch and low-tech approach. Mindful connection and healing touch with careful selected premium natural products are the foundation for all services.

We are here to serve, to inspire to share our passion for beauty, healing and well-being.

Contact Number: 8813



# Funa Spa

Funa Spa features three indoor couple treatment rooms, private showers, one sauna, one stream room, relaxation lounge, Zen garden, changing room and lockers in addition to a full service beauty salon. We suggest making appointments in advance.

Please arrive 15 minutes prior to your scheduled reservation. This allows time for a leisurely check-in, change of clothes and a few moments to relax and enjoy our facilities. Showering prior to your treatment is recommended and robes are provided in changing rooms.

Clothing is not recommended during body treatments; however, undergarments may be worn if preferred. Professional draping is applied with each service for the privacy and comfort of our guests. Regretfully, if you are late for an appointment, we may have to shorten your treatment time to be on schedule for the next guest.

Please notify a Spa receptionist when booking treatments if you are pregnant, have allergies or any physical ailments, or disabilities.

In accordance with international spa industry standards, certain medical conditions may prohibit the application of certain products and treatments. Accordingly, we will provide each guest with a questionnaire to be completed prior to your therapy which will allow our staff to cater specifically, to your conditions and skin type. With so many benefits, they make a great gift allowing our guests to redeem for their preferred therapy.

Professional skin care products and gifts are also available for purchase.

**NOTE:** To maintain the serenity of the spa, we recommend you to keep all mobile devices on silent mode upon arrival.

Gratuity for exemplary service is discretionary.



# Signature Treatments

## **BALINESE MASSAGE**

60 mins – \$90.00

90 mins – \$125.00

A traditional massage therapy to suit individual needs! This highly popular massage treatment works to release muscular tension and alleviate mental fatigue and stress.

## **SWEDISH MASSAGE**

60 mins – \$90.00

90 mins – \$125.00

A gentle and calming massage using acupressure skin rolling and relaxing strokes to soothe, restore and calm the mind and body.

## **DEEP TISSUE MASSAGE**

60 mins – \$110.00

90 mins – \$160.00

Deep tissue massage is a massage technique that focuses on the deeper of muscle tissue, aiming to release the chronic tension in the body.

## **ORIENTAL MASSAGE**

60 mins – \$110.00

90 mins – \$160.00

Oriental massage is combination techniques including Balinese, Thai and Indian head massage to experience the release of muscle tension, greater movement and renewed energy.

## **AROMATHERAPY MASSAGE**

60 mins – \$90.00

90 mins – \$125.00

This hero treatment is more than just a massage. Which is very soft and gentle techniques using special warm oil enhance mood and feeling of wellbeing, improve blood and lymphatic circulation.

All rates are in US Dollars and are subject to 10% Service Charge and 16 % T-GST.



## **THAI MASSAGE**

60 mins – \$90.00

90 mins – \$125.00

Thai massage is using passive stretching and gentle pressure along the body's energy lines to increase flexibility and relieve muscle and joint tension. This massage is both deeply relaxing and energizing.

## **Lymphatic Drainage**

60 mins – \$90.00

90 mins – \$125.00

This restorative and invigorating treatment uses smooth and fluid strokes to relax external muscles and stimulate the body's natural ability to cleanse.

## **Anti-Cellulite Massage**

60 mins – \$110.00

90 mins – \$160.00

This massage helps to tone in the aim for a perfect body. Techniques include kneading, lymphatic drainage and vigorous strokes to move toxins away from the tissues and reduce water retention in connected tissues.

## **Pregnancy Massage**

60 mins – \$80.00

Enjoy relief from the physical and emotional demands of pregnancy. This gentle, non-invasive approach to massage will ease your discomfort, reduce swelling and help lower stress. Feel yourself slip into a state of calm relaxation as our skilled therapist uses a lighter touch, concentrating on those areas most vulnerable to changes in your body.

## **HOT STONE MASSAGE**

60 mins – \$110.00

90 mins – \$160.00

A deeply Relaxing therapeutic massage using warm stones, working on the mind body and soul, improving your blood circulation and wellbeing physically, mentally and emotionally.

# Express Treatments

## Back Massage

30 mins – \$55.00

45 mins – \$65.00

It's a deep tissue massage that focus on upper & lower back pain. A therapeutic deeply relaxing massage focusing on the back and upper body area for deep healing and release of muscle tension. Helps in releasing 'feel good' chemicals like endorphin, dopamine, serotonin that make the body feel good by increasing the blood flow and helps in decrease in pain, which may help to prevent anxiety and depression. Back Massage also help in improving sleep cycle for optimum performance and good health.

## Head & Shoulder Massage

30 mins – \$55.00

45 mins – \$65.00

Stress and mind relaxation massage Head & Shoulder massage soothe away tensions in your upper body, break down knots and improve your flexibility. It helps relieve headache by stimulating the nerves on your scalp and the blood circulation within your head. You will feel relaxed and re-energized. Head & shoulder massage is a beautiful relaxing massage that targets the place that hold the most tension of the head, neck and shoulder.

## Foot Massage

30 mins – \$55.00

45 mins – \$65.00

Massaging the feet can alleviate anxiety and bring about a deep state of relaxation. One important point that is situated on both feet is the solar plexus reflex. The solar plexus is sort of a little warehouse where all your stress is stored. When the solar plexus point is pressed on, stress is released and the body is renewed.

- Improves circulation and Cleansing
- Balance and Harmony
- Energy and Rejuvenation
- Enhancement of Immunity
- Sensual Bliss

# Other Treatments

## Body Treatments

### Body Scrub with Massage

90 mins – \$135.00

Using body scrub into whole body removing dead cells for a fresh smooth refreshing feel. The scrub will be followed with a Balinese massage.

### Body Scrub

45 mins – \$55.00

Using Milk body scrub into whole body removing dead cells for a fresh smooth refreshing felling.

### Body Wrap

45 mins – \$75.00

The "Funa" wrap treatment is only the tip of the body-wrap iceberg. They're offered to improve arthritis, skin ailments and cellulite. "Detox" wraps claim to draw toxins out of your body, and during a "power wrap," you work out on a plastic body wrap soaked in a natural solution (yes that is for real).

### Steam/Sauna

15 mins – \$15.00

30 mins – \$30.00

# Face Treatments

## Cold Stone Facial Therapy

45 mins – \$55.00

A cold stone massage that helps eliminate puffiness, swells, sinus issues and headaches. A very relaxing therapy using small stones, completed with the application of a soothing cream.

## Calming and Moisturizing

45 mins – \$55.00

A gentle massage of the face that rejuvenates followed by a treatment of creams that gives a calm feel stabilizing the natural barriers of the facial skin.

## Express Facial

20 mins – \$30.00

# Kids Massage

45 mins – \$65.00

Body Massage with gentle and really soft pressure, good for relaxation, stressed muscle, reducing headaches, anxiety, insomnia and depression.

Kids massage also helps with attention deficit hyperactivity disorder

This Massage can be done for children under 13 years old.

# Relaxing Massage Packages

60 mins - 6 Treatment

You can choose 60 minute Any Treatment except Deep Tissue and Anti-cellulite massage only for USD 446.00 for 6days for one person or 3days for Couples.



# Nail Care

## Manicure & Pedicure (Combined)

80 mins – \$80.00

Removal of Dead Skin, Cuticles, buff nails to give the hand and foot a good-looking shiny feel

## Manicure

40 mins – \$45.00

## Pedicure

40 mins – \$45.00

## Express Manicure & Pedicure

30 mins – \$30.00

All rates are in US Dollars and are subject to 10% Service Charge and 16 % T-GST.

# Hair Care

**Hair Cut w/Shampoo**

60 mins – \$45.00

**Hair Trim w/Treatment**

60 mins – \$45.00

**Hair wash and blow dry**

60 mins – \$45.00

**Hair Spa**

60 mins – \$60.00

**Hot Oil**

60 mins – \$60.00

**Hair Keratin blowout**

60 mins – \$80.00

**Hair & Makeup**

60 mins – \$85.00

**Hair Treatment w/Blower**

60 mins – \$75.00

**Hair Curling Style**

45 mins – \$30.00

All rates are in US Dollars and are subject to 10% Service Charge and 16 % T-GST.

A decorative background featuring a green semi-transparent rectangle. To the left, there are green eucalyptus leaves and a wooden brush with light-colored bristles. The overall aesthetic is clean and natural.

# Hair Removal

## Full Body

60 mins – \$90.00

## Full Leg

30 mins – \$40.00

## Half leg

20 mins – \$25.00

## Full Arm

30 mins – \$30.00

## Under Arm

15 mins – \$20.00

## Upper & Lower lip

15 mins – \$15.00

## Eye brow

15 mins – \$20.00

All rates are in US Dollars and are subject to 10% Service Charge and 16 % T-GST.



# Spa Etiquettes

Opening hours 09:00 to 19:30hrs.  
For all bookings, please call extn 8813

Kindly shower prior to treatment to remove sunscreen.

To enjoy the exclusive spa experience, please come to the spa 15 minutes prior to your appointment.

Request you to leave your jewelry and valuables in the locker provided in room.

To maintain calm and stress-free environment at spa, request to turn your cellphone on silent mode.

Late arrivals may not be honored and will be subject to time deduction.

Our cancellation policy is 6 hours; we regret that 50% charge will be made for treatments canceled with less than 6 hours' notice and 100% charge will apply for no-show.

We collect health and personal information to promote a safe and healthy environment for our guests; to assist in customizing treatments to individual needs, particularly if there are medical issues or allergies. Rest assured; all information remains confidential.

Packaged offers are not refundable, not transferable and per-bookings required.

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*Book now!*

CALL US AT  
**8813**