



BAGLIONI RESORTS

The Italian way of wellbeing

Spa Menu



BAGLIONI SPECIALS



As Italians we unquestionably prize life, enjoy living it and relish the pleasures it brings. We always prefer to do it together. Celebrating this tradition, Baglioni Spa offers treatments to enjoy with the ones you love. The together treatments are performed in our double treatment room that also offer a Bathtub, that you may add extra time for. Below is our suggestion of shared moments, other treatments on the menu is also possible to book in pairs.

BAGLIONI Sensory Journey, 90min

\$ 370 per person



Four hands massage with two therapist



Full body massage with cleansing facial

A journey that begins before you reach the treatment room and continues long after you leave. A unique variation of a four hands massage from two highly skilled therapists. A luxurious foot bath, skin renewing treats, warm towels and fresh fragrances are just the beginning. You will experience a truly non-traditional aroma massage using long, smooth strokes synchronized with a cleansing facial and a stress relieving scalp massage.

COPPIA Couples Journey, 90min

\$ 410 per couple

“L'amore non vuole avere, vuole soltanto amare. - Love does not want to have, only wants to love.”



Body Scrub, Tailor-made Massage.

Experience a combination of reviving and balancing treatments, side by side with the one you love.

Baglioni Detox Journey, 120min

\$ 265 per person



Himalayan salt scrub, Dead sea mud mask, Detox Massage.

Revitalise, tone and purify as this active body therapy begins with a zesty exfoliation of Lemon-Ylang Ylang-Frankincense essential oils, relax as an exquisite mineral rich clay infused with powerful herbs with Lavender- Chamomile, Dead sea mud providing the ultimate detox for your body. Leave with toned skin, as body and mind are re-energised

Baglioni Restoring Journey, 90min

\$ 250 per person



Massage, Body Wrap, Face Ritual

Give your skin nutrition and hydration with this intensive repairing treatment for body and face. Enjoy a relaxing full body massage with warm shea butter or coconut oil which you are wrapped into to absorb its full richness. In the meantime, your therapist will give nourishing care to your skin with a nourishing face mask and scalp massage.



JUNIOR SPA



BAMBINI Massage, 30/45/60min

\$65 /\$ 85/ \$125



Tailor-made relaxing massage for back, neck, legs and arms

Bambini Facial, 30/45/60min

\$65 /\$ 105/ \$155



A deep cleansing facial targeting acne problems: cleansing, clay mask, serum and light facial cream.

Bambini Manicure, 30/45min

\$ 55 / \$70



A gentle exfoliation, relaxing hand massage and attention to nails will leave little hands looking and feeling fabulous. (Nail polish is optional).

Bambini Pedicure, 30/45min

\$ 65/ \$80



A gentle exfoliation, relaxing Foot massage and attention to nails will leave little feet looking and feeling fabulous. (Nail polish is optional).

BAGLIONI BATH



\$ 90

Exclusive BAGLIONI bath is available upon request in the spa treatment suite, or in the privacy of your own villa. Unwind with our special bath rituals that Baglioni spa team will prepare for you to soak in and relax or perform Oriental scrub in addition to a beauty bath ritual.



Mineral Salt



Herbal



Milk & Honey



Oriental



ITALIAN BEAUTY



” Vivere una vita bella – Live a beautiful life”

How we feel and what we think, does affect how we look. Relaxation is a virtue in Italian culture, even if it means load off with a glass of wine – whatever makes you happy; it will give effect. Our facial treatments are developed after the brain-skin connection with pure and advanced ingredients from INSIUM, Italy.

SOGNO Lifting Facial, 90min

\$ 270



Cleansing, Enzymatic peeling, Infusion, Mask, Luxurious face, neck, décollete & scalp massage, Finishing products.

SOGNO means DREAM. This superior and peaceful treatment is perfectly developed to smooth out the strains of our modern, fast-moving lives and specifically targets lines and wrinkles. Includes an enzymatic peeling for a renewed and energized look.

TEMPO Anti-Age Facial, 60/75min

\$185 / \$210



60 min: Cleansing, Exfoliation, Infusion, Mask, Face & Scalp Massage, Finishing products



75 min: All above + extra time for Face Massage

TEMPO translates into TIME. This anti-ageing treatment works on muscle tissue to restore firmness to the contours of the face, resulting in an instantly more youthful look. Can be tailored to all skin types.

LUNA Night Facial, 60/75min

\$185 / \$210



60 min: Cleansing, Enzymatic peeling, Infusion, Face Massage, Mask, Finishing products



75 min: All above + Extra time for Face Massage

LUNA means MOON. This powerful, targeted skin-brightening treatment is to be enjoyed in the evening. Visibly illuminates the complexion, treating the appearance of uneven skin tone with a specific enzymatic peeling which prepares the skin over night to receive a perfect tan.

SOLE After Sun Facial, 45min

\$ 155



Cleansing, Infusion, Cold Stones, Cooling Face Massage, Mask, finishing products

SOLE is the SUN. A special after sun treatment for the face that immediately calms and intensely repairs overheated skin after excessive sun exposure. The treatment combined with a specific “cooling effect” mask, brings tangible freshness and relief.



BODY TREATMENTS



” Le cose più importanti della vita non sono cose – the most important things in life are not things ”

Maldivian Kaashi Rub, 60 min

\$ 150



Body Scrub, Body Wrap, Moisturizer

A renewing and refreshing treatment that starts with a natural coconut body scrub followed by a soothing wrap of honey and papaya. A coconut oil massage seals in freshness and moisturizes the skin.

Sunburn Soother, 45min

\$ 105



Cold compress and Aloe Vera gel

This body and face repairing treatment consists of an application of Aloe Vera to soothe and replenish the skin after sun exposure. The calming ingredients will help relieve the pain, soothe and rejuvenate the skin. The therapist will complete the treatment with gentle head massage.

Body Detoxifier, 90 min

\$ 225



Himalayan salt scrub, Dead sea mud mask, Moisturizer

Revitalise, tone and purify as this active body therapy begins with a zesty exfoliation of Lemon-Ylang Ylang-Frankincense essential oils, relax as exquisite mineral rich clay infused with powerful herbs with Lavender- Chamomile, Dead Sea mud providing the ultimate detox for your body. Leave with toned skin, as body and mind are re-energised.

Body Toner, 90 min

\$ 225



Lemongrass body scrub, Green tea body wrap, Moisturizer

The combination of antioxidant-rich Rooibos and Baobab fruit extracts combined with the natural moisturising oils in this unique body mask, reduce the negative effects of free radicals and inflammation. Helping to prevent the signs of age leaving their mark on your body.

Body Firming, 90 min

\$ 225



Coffee body scrub, Red Wine body mask, Moisturizer

It can help with scars, stretch marks, dry skin, body breakouts, and cellulite, this wrap offers immediate and noticeable effects to the skin, including firming and toning the body this is a serious detoxifier, metabolism stimulator and a natural anti-ageing booster.



MASSAGE



Anti-Jet Leg Massage, 60/90min

\$175/\$225

Back, scalp and leg massage. The perfect spa indulgence after a long flight or when you feel a loss of energy or fatigue.

Aroma Massage, 60/90min

\$175/\$225

Gentle massage focused on the healing benefits of aromatherapy oils to relax the body and rejuvenate the soul. Oxygenates the cells and improves blood circulation while easing tension and stimulating immediate regularizing the body's energies.

Balinese Massage, 60/90min

\$175/\$225

This traditional Balinese massage is deeply relaxing and restoring. Our therapists combine acupressure and skin rolling with firm but smooth massage strokes to induce a complete state of calm. Every massage is tailored to your body and needs.

Deep Tissue Massage, 60/90min

\$185/\$235

A deep and firm massage where your therapist will select techniques intuitively as required by your muscles. By using pressure, deep muscle compressions and cross fibre friction, this massage will remove toxins and ease aching or stiff muscles. A restorative massage that will reduce stress and increase blood and lymphatic flow.

Detox Massage, 60/90min

\$185/\$235

The rhythmic strokes and pressure applied to muscles, tissues and organs during massage therapy help stimulate the circulatory system. It works sort of like a sponge; when pressure is applied to the tissue and fat, toxins are literally "squeezed" out from in between the muscle fibres and cells.

Hot Stone Massage, 90min

\$245

A deeply relaxing and therapeutic treatment to ease muscle tension by using warm stones to loosen knots and deliver relief deep into the belly of the muscle. This soothing yet invigorating massage enhance the circulation and promote a profound sense of relaxation.



Maldivian Theyo Dhemun, 60/90min

\$185/\$235

This traditional body treatment (Theyo means “Oil” and Dhemun means “Massage”) is the perfect synergy for relieving muscular tension and enhancing relaxation. Warm aromatic Maldivian virgin coconut oil is drizzled over the body followed by healing massage techniques to unlock tension, and release stress from your mind and body.

Thai Massage, 60/90min

\$185/\$235

This method of massage was originally practiced in Thai temples by Buddhist monks. Often described as “Yoga Massage” for its stretching and bending movements, it increases the energy flow, ease the muscles and improves flexibility. We use no oil during this treatment and we provide you with a Thai pyjama to wear during the treatment.

BAGLIONI SPA RITUALS



Enjoy the luxurious time in a tropical vegetation of naturally beautiful island; unwind in one of serene Baglioni spa suites with carefully designed treatments, inspired by nature. Your ultimate journey to wellness begins here.

SPA RITUAL, 2 days pkg

\$225

Day 1 – Private Yoga Class- 60min
Day 2 – Tailor-made Massage- 60min

MALDIVIAN INSPIRATIONS, 3 days pkg

\$400

Day 1 – Maldivian Kaashi Rub-60min
Day 2 – Maldivian Theyo Dhemun-60min
Day 3 – Foot Massage-60min

HEALING CEREMONY, 5 days pkg

\$645

Day 1 –Anti-Jet Leg Massage-60mins
Day 2 – Foot Massage-60mins
Day 3 – Balinese Massage-60mins
Day 4 – INSIUM Facial-60mins
Day 5 – Private Yoga Class-60mins



EXPRESS RITUALS



30min \$90 / 45min \$105

BACK MASSAGE

Shoulder and back massage for soothing tensions in your upper body, breaking down knots and improving flexibility.

FOOT MASSAGE

Chinese massage technique that concentrates on the feet and lower leg reflex zones to release tension in the feet and improve circulation.

HEAD MASSAGE

Includes restorative massage of the neck and collar zone, relaxing head and scalp massage.

FULL BODY SCRUB

Your body that exfoliates and hydrates the skin, leaving it smooth and soft.

MINI FACIAL

Express face cleansing, light exfoliation and a gentle face massage. Ultimate touch- application of a balancing mask and a veil of light moisturizer.

EYE RECOVERY

Using INSIUM products, which are vegan products this is a unique treatment for refreshing and rejuvenating tired eyes puffiness and dark shadows are specifically concerned with ageing around the eye area.



BEAUTY



” La bellezza ha una verità tutta sua – Beauty has a truth of its own ”

Hands and Feet

Add on CND Shellac Nail Gel-30min	\$30
Gel Soak off-15min	\$20
Nails cut and file-30min	\$40
Spa Manicure-30/60min	\$65/\$110
Spa Pedicure- 30/60min	\$75/\$125
Men's Manicure-45min	\$95
Men's Pedicure-60min	\$105

EPILATIONS



FULL LEG WAXING, 60 mins	\$100
HALF LEG WAXING, 30 mins	\$65
FULL ARM WAXING, 35 mins	\$80
UNDER ARM WAXING, 30mins	\$55
UPPER LIPS/EYEBROWS WAXING-30mins	\$40
BRAZILIAN BIKINI WAXING-45mins	\$95
BACK/CHEST WAXING- 30mins	\$55

BAGLIONI SPA OFFERS



- GET 5 MASSAGES 60/90MIN-10%DISCOUNT
- GET 7 MASSAGES 60/90MIN-15%DISCOUNT
- GET 10 MASSAGES 60/90MIN-20%DISCOUNT

Terms & conditions for above offers: Payment needs to be done in advance, in case of cancellation or if you're not able to turn up for the massage, there will be no refund.



SPA ETIQUETTE



Spa Opening Hours

The Spa is open every day from 9:00 AM to 9:00 PM. First appointment is available from 10.00 am gym is open 24 hours.

Spa Reservations

For spa enquiries or reservations, please dial the spa button as marked on your telephone display or ask your butler for assistance. Advance bookings are recommended to secure your preferred treatment time.

Timing

Please arrive 15 minutes before your scheduled time to check in and prepare of your time at the spa. Arriving late for a spa appointment may make it necessary to limit the time for your treatment, unless the schedule enables us to offer you the full treatment.

Health

Please inform us of any health conditions or concerns you may have, such as high blood pressure, allergies or pregnancy. This allows us to assist you in selecting the best treatments for you. We do not recommend the consumption of alcohol before or directly after spa treatments or a work out in the gym.

Ambience

Baglioni Spa is a peaceful and serene area. Please set your mobile phone on silence to ensure your complete relaxation.

Prior to Arrival

We do not assume any liability for personal items and recommend you leave all jewellery and valuables in your villa before coming to the spa. Male guests are advised to shave prior to all facial treatments to ensure that maximum results are achieved.

Cancellation Policy

The treatments you select are reserved especially for you. Should you need to cancel or reschedule your appointment, we ask that you provide 4 hours' notice to avoid a charge of 100% of the treatment price.

Children

Appointments for young guests (5-12 years) are available between 09:00 AM to 02:00 PM and an adult may be present in the room throughout the treatment.

Gym policies

For your personal safety, we ask that you wear sports shoes. Children under 16 years old must be accompanied by an adult when using gym equipment.

Prices

We reserve the right to change prices without further notice. Prices are per person with the exception of exclusive treatments for two. All Baglioni Spa treatments are suitable for men and women and are available to book in pairs.

